(103) Self-stigmatizing Thinking’s Repetition Scale

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|  | Occasionally we may think negatively about our identity as a person with mental illness. In this study, we are interested in knowing how you negatively valanced identity-related thoughts unfold in everyday life. Please indicate how much you agree or disagree with the following statements.  **Thinking negatively about the identity as a person with mental illness is something……** | Strongly disagree | Disagree | Neither agree nor disagree | Agree | Strongly Agree |
| 1. | I keep doing. | 1 | 2 | 3 | 4 | 5 |
| 2. | I do every day. | 1 | 2 | 3 | 4 | 5 |
| 3. | I do continuously. | 1 | 2 | 3 | 4 | 5 |
| 4. | I do frequently. | 1 | 2 | 3 | 4 | 5 |
| 5. | I do every moment. | 1 | 2 | 3 | 4 | 5 |
| 6. | I have been doing for a long time. | 1 | 2 | 3 | 4 | 5 |