(106) Friends’ competence in death work

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| --- | --- | --- | --- | --- | --- | --- |
|  |  | No | Rather little | Average | Rather a lot | Very much |
|  | My friends can fully accept that there are uncontrollable parts of life, such as the death of a patient / service user. | 1 | 2 | 3 | 4 | 5 |
|  | My friends can fully accept the unavoidable sufferings in life, such as the pain experienced by the patient / service user in the face of death. | 1 | 2 | 3 | 4 | 5 |
|  | My friends are ready for the death of themselves and their families, such as talking openly with their families about the death, or considering arrangements for the aftermath. | 1 | 2 | 3 | 4 | 5 |
|  | My friends have dealt with most of the unfinished things and reduced the regrets in life. | 1 | 2 | 3 | 4 | 5 |
|  | Facing the impermanence of life, my friends cherish what they have now and can practice in life. | 1 | 2 | 3 | 4 | 5 |
|  | Facing the impermanence of life, my friends live more actively and have found the meaning of life. | 1 | 2 | 3 | 4 | 5 |
|  | My friends can fully accept that their emotions will be affected when they work. | 1 | 2 | 3 | 4 | 5 |
|  | My friends can effectively deal with the emotions caused by their work. | 1 | 2 | 3 | 4 | 5 |
|  | My friends have dealt with past experiences related to bereavement or death. | 1 | 2 | 3 | 4 | 5 |
|  | When work is stressful, my friends can take care of my needs. | 1 | 2 | 3 | 4 | 5 |
|  | My friends can fully embrace the nature of death work, including feeling regret or heavy at work. | 1 | 2 | 3 | 4 | 5 |
|  | Even if we can't change the fact of death, my friends are still sure of they contribution at work. | 1 | 2 | 3 | 4 | 5 |
|  | When work brings stress, my friends can find meaning in work. | 1 | 2 | 3 | 4 | 5 |
|  | My friends didn't bring the emotions from work into life, nor did they bring the emotions from life into work. | 1 | 2 | 3 | 4 | 5 |
|  | My friends admit that professional helpers also face life and death challenges like ordinary people, so they can accept my restrictions at work. | 1 | 2 | 3 | 4 | 5 |
|  | My friends can fully accept themselves as professional helpers, and when they face life and death, they can feel powerless. | 1 | 2 | 3 | 4 | 5 |