Description of Parental Feeding Style Questionnaire: Instrumental Feeding Scale

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| --- | --- |
| Function | Family feeding, parents’ attitudes to food, eating habits |
| Relevance | Obesity, intergenerational transmission, feeding environment |
| Target | Family and Child Welfare Service |
| Respondent | Parents |
| Feature | 4 items in 5-point rating scale |
| Reliability | .630 |
| References | Tam, W., Keung, V., Lee, A., Lo, K., & Cheung, C. (2014). Chinese translation and validation of a parental feeding style questionnaire for parents of Hong Kong preschoolers. *BMC Public Health, 14*, 1-7.  Wardle, J., Sanderson, S., Guthrie, C. A., Rapoport, L., & Plomin, R. (2002). Parental feeding style and the inter‐generational transmission of obesity risk. *Obesity research, 10*(6), 453-462. |

Scoring of Parental Feeding Style Questionnaire: Instrumental Feeding Scale

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| --- | --- | --- | --- | --- | --- |
| Response | Never | Rarely | Sometimes | Often | Always |
| Score for Items 1-4 | 0 | 25 | 50 | 75 | 100 |

|  |  |
| --- | --- |
| Scale score: average of item scores | Action |
| 70-100 | Great concern for decrease |
| 30-70 | Some concern for decrease |
| 0-30 | Appreciation |