(11) Parental Feeding Style Questionnaire: Emotional Feeding Scale

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Please read the following statements and tick the appropriate boxes to show how you deal with feeding your child. It is important to remember that there are no right or wrong answers to these questions, we are interested in what parents really feel and do. | Never | Rarely | Sometimes | Often | Always |
| 1. | I give my child something to eat to make him/her feel better when s/he is feeling upset. | 1 | 2 | 3 | 4 | 5 |
| 2. | I give my child something to eat to make him/her feel better when s/he has been hurt. | 1 | 2 | 3 | 4 | 5 |
| 3. | I give my child something to eat if s/he is feeling bored. | 1 | 2 | 3 | 4 | 5 |
| 4. | I give my child something to eat to make him/her feel better when s/he is worried. | 1 | 2 | 3 | 4 | 5 |
| 5. | I give my child something to eat to make him/her feel better when s/he is feeling angry. | 1 | 2 | 3 | 4 | 5 |