(121) Chinese Spiritual Intelligence Scale: Meaning in Life

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|  | The following statements aim to assess an individual's behavioural patterns, thought patterns, and psychological characteristics. Please read each statement carefully and circle the corresponding number that can mostly reflect you. Please make your responses based on your present situation and answer honestly. | Totally disagree | Disagree | Slightly agree | Mostly agree | Totally agree |
| 1. | I have been able to find the way to realize my personal goals. | 1 | 2 | 3 | 4 | 5 |
| 2. | I have been able to define a life goal or purpose for myself. | 1 | 2 | 3 | 4 | 5 |
| 3. | I can discover meaning and goal in everyday experiences. | 1 | 2 | 3 | 4 | 5 |
| 4. | I am able to affect/inspire others’ thoughts, feelings, and/or behaviours. | 1 | 2 | 3 | 4 | 5 |
| 5. | I have been able to set proper short-term and long-term goals for myself. | 1 | 2 | 3 | 4 | 5 |
| 6. | I can always recognize the truth and meaning in life, which enables me to make proper decisions. | 1 | 2 | 3 | 4 | 5 |
| 7. | I have been able to make decisions according to my life purpose. | 1 | 2 | 3 | 4 | 5 |