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|  | 家庭的悲傷：犧牲的負擔  |

指示：這份問卷是用以評估現時正在照顧腦退化症(例如阿氏痴呆症)患者的照顧者家庭所經歷的哀傷情緒。請仔細閱讀每一句句子，並決定你有多同意這些句子。

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|  | 家庭為咗照顧患者，要放棄好多嘢。 | 1 | 2 | 3 | 4 | 5 |
|  | 我家庭覺得逐漸失去自由。 | 1 | 2 | 3 | 4 | 5 |
|  | 呢樣嘢將會一直纏擾住我家庭，唔知幾時先完。 | 1 | 2 | 3 | 4 | 5 |
|  | 家庭失去咗獨立同自由，做唔到想做嘅嘢，去唔到想去嘅地方。  | 1 | 2 | 3 | 4 | 5 |
|  | 家庭都好想每日都有番一、兩個鐘做吓我哋自己鍾意做嘅嘢。  | 1 | 2 | 3 | 4 | 5 |
|  | 家庭嘅世界只剩低要照顧患者，覺得好困身，但又無可奈何。  | 1 | 2 | 3 | 4 | 5 |