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|  | 悲傷：社區內照顧者衷心的悲傷和渴望這份問卷是用以評估現時社區內正在照顧腦退化症(例如阿氏痴呆症)患者的家庭照顧者所經歷的哀傷情緒。請仔細閱讀每一句句子，並決定你有多同意這些句子。 |

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| 非常 唔同意  |

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| 唔同意  |

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| 非常 同意  |

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|  | 當他們知道自己親愛嘅人(患者) 已經「唔再係以前嘅佢」，他們就覺得好空虛、好難過。 | 1 | 2 | 3 | 4 | 5 |
|  | 他們好掛住以前，掛住佢哋曾經一齊擁有過、分享過嘅嘢。 | 1 | 2 | 3 | 4 | 5 |
|  | 換轉係另一啲頑障，他們可以應付得好啲。 | 1 | 2 | 3 | 4 | 5 |
|  | 夜晚睇住佢瞓，諗到佢已經「唔再係佢」，他們就好傷心。 | 1 | 2 | 3 | 4 | 5 |
|  | 呢個病所造成嘅影響令他們好難過。 | 1 | 2 | 3 | 4 | 5 |
|  | 他們曾經失去過啲好親嘅人，但而家呢種「失去」嘅經歷更加令他們困擾。 | 1 | 2 | 3 | 4 | 5 |