Description of psychosocial need satisfaction and need frustration: autonomy

|  |  |
| --- | --- |
| Function | Promoting exploration, commitment, competence, happiness, self-esteem |
| Relevance | Attachment, identity, self-determination |
| Target | Youth |
| Respondent | Youth |
| Feature | 8 items in 5-point rating scale |
| Reliability | .77 |
| References | Chen, Beiwen, Maarten Vansteenkiste, Wim Beyers, Liesbet Boone, Edward Deci, Jolene Kaap-Deeder, Bart Duriez, Willy Lens, Lennia Matos, Athanasios Mouratidis, Richard Ryan, Kennon Sheldon, Bart Soenens, Stijn Petegem, and Joke Verstuyf. 2015. “Basic Psychological Need Satisfaction, Need Frustration, and Need Strength across Four Cultures.” *Motivation & Emotion* 39(2):216-236. |

Scoring of psychosocial need satisfaction and need frustration: autonomy

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Response | Strongly Disagree | Disagree | Undecided | Agree | Strongly Agree |
| Score for Items 1–4 | 0 | 25 | 50 | 75 | 100 |
| Score for Items 5–8 | 100 | 75 | 50 | 25 | 0 |

|  |  |
| --- | --- |
| Scale score: average of item scores | Action |
| 70-100 | Appreciation |
| 30-70 | Some concern for promotion |
| 0-30 | Great concern for promotion |