Description of Hospital Anxiety and Depression

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| --- | --- |
| Function | Promoting achievement, health, recourse, satisfaction |
| Relevance | Burden, helplessness, stress, tension |
| Target | Medical |
| Respondent | Patient |
| Feature | 14 items in 4-point rating scale |
| Reliability | .85 |
| References | Wang, Wenru, Sek Ying Chair, David R. Thompson, Sheila F. Twinn. 2009. “A Psychometric Evaluation of the Chinese Version of the Hospital Anxiety and Depression Scale in Patients with Coronary Heart Disease.” *Journal of Clinical Nursing* 18(13):1908-1915. |

Scoring of Hospital Anxiety and Depression

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| --- | --- | --- | --- | --- |
| Response | Not at all | Sometimes | Very often | Most of the time |
| Score for Items 1, 3, 5, 9, 10, 11, 13 | 0 | 1 | 2 | 3 |
| Score for Items 2, 4, 7, 6, 8, 12, 14 | 3 | 2 | 1 | 0 |

|  |  |
| --- | --- |
| Scale score: total of item scores | Action |
| 11-21 | Abnormal (case) |
| 8-10 | Borderline abnormal (borderline case) |
| 0-7 | Normal |