(150) Brief Grit Scale: Perseverance of Effort

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|  | Please answer the following questions and circle the appropriate number based on your situation now or in the past six months.  | Not like me at all  | Not much like me | Somewhat like me | Mostly like me  | Very much like me |
| 1. | I finish whatever I begin. | 0 | 1 | 2 | 3 | 4 |
| 2. | I am a hard worker. | 0 | 1 | 2 | 3 | 4 |
| 3. | I am diligent. | 0 | 1 | 2 | 3 | 4 |
| 4. | Setbacks don’t discourage me. | 0 | 1 | 2 | 3 | 4 |