Description of Brief Grit Scale: Perseverance of Effort

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| --- | --- |
| Function | Academic achievement, engagement, long-term goals, motivation |
| Relevance | Big Five personality traits, conscientiousness, stamina, psychological resources,  |
| Target | Youth |
| Respondent | Youth |
| Feature | 4 items in 5-point rating scale |
| Reliability | .78 |
| References | Duckworth, A. L., & Quinn, P. D. (2009). Development and validation of the Short Grit Scale (GRIT–S). *Journal of personality assessment*, *91*(2), 166-174. <https://doi.org/10.1080/00223890802634290>Datu, J. A. D., & Fong, R. W. (2018). Examining the association of grit with test emotions among Hong Kong Chinese primary school students. *School Psychology International*, *39*(5), 510-525. <https://doi.org/10.1177/0143034318793468> |

Scoring of Brief Grit Scale: Perseverance of Effort

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Response | Not like me at all  | Not much like me | Somewhat like me | Mostly like me  | Very much like me |
| Score for Items 1– 4  | 0 | 25 | 50 | 75 | 100 |

|  |  |
| --- | --- |
| Scale score: average of item scores | Action |
| 70-100 | Appreciation |
| 30-70 | Some concern for prevention |
| 0-30 | Great concern for prevention |