未来时间洞察力量表(Future Time Perspective Scale)的描述

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| --- | --- |
| 功能 | 未来时间洞察力、社会情绪选择理论、社会目标 |
| 关联 | 积极情绪、社会偏向、决策 |
| 对象 | 普通 |
| 回应者 | 成年人 |
| 特色 | 10项7分评分项目 |
| 信度 | .89 |
| 参考 | Allemand, M. (2008). Age differences in forgivingness: The role of future time perspective. *Journal of Research in Personality*, *42*(5), 1137-1147. <https://doi.org/10.1016/j.jrp.2008.02.009>Carstensen, L. L., & Lang, F. R. (1996). *Future Time Perspective Scale (FTP)* [Database record]. APA PsycTests. [https://doi.org/10.1037/t31314-000](https://psycnet.apa.org/doi/10.1037/t31314-000)Jiang, D., Fung, H. H., Sims, T., Tsai, J. L., & Zhang, F. (2016). Limited time perspective increases the value of calm. *Emotion*, *16*(1), 52-62. <https://doi.org/10.1037/emo0000094>Yeung, D. Y., Fung, H. H., & Chan, D. K. S. (2015). Positive effect of social work—Related values on work outcomes: The moderating role of age and work situation. *Journals of Gerontology Series B: Psychological Sciences and Social Sciences*, *70*(2), 233-244. <https://doi.org/10.1093/geronb/gbt094> |

未来时间洞察力量表的计分

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| --- | --- | --- | --- | --- | --- | --- | --- |
| 回应 | 完全不正确 | 不正确 | 有点不正确 | 非正确非不正确 | 有点正确 | 正确 | 完全正确 |
| 项目1-7的分数 | 0 | 16.67 | 33.33 | 50 | 66.67 | 83.33 | 100 |
| 项目8-10的分数(反向题) | 100 | 83.33 | 66.67 | 50 | 33.33 | 16.67 | 0 |

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| --- | --- |
| 量表得分：项目分数的平均 | 行动 |
| 70-100 | 赞赏 |
| 30-70 | 需要稍作预防提升 |
| 0-30 | 需要积极预防提升 |