Description of Berkeley Expressivity Questionnaire

|  |  |
| --- | --- |
| Function | Emotion experience, emotion recognition, empathy |
| Relevance | Trauma, well-being, perspective taking |
| Target | General |
| Respondent | Adults |
| Feature | 16 items in 7-likert rating scale |
| Reliability | .81 |
| References | Gross, J. J., & John, O. P. (1995). Facets of emotional expressivity: Three self-report factors and their correlates. *Personality and Individual Differences, 19*(4), 555-568. <https://doi.org/10.1016/0191-8869(95)00055-b>  Hutchison, A. N., Yeung, D. Y., Gerstein, L. H., & Wettersten, K. B. (2021). Psychometric comparison of Chinese and English versions of the Emotion Regulation Questionnaire with bilingual Hong Kong Chinese students. *International Journal of Psychology*, *56*(2), 296-303. <https://doi.org/10.1002/ijop.12699> |

Scoring of Berkeley Expressivity Questionnaire

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Response | Strongly disagree | Disagree | A little disagree | Neutral | A little agree | Agree | Strongly agree |
| Score for Items 1–2, 4-7, and 10-16 | 0 | 16.67 | 33.33 | 50 | 66.67 | 83.33 | 100 |
| Score for Items 3, 8, and 9 | 100 | 83.33 | 66.67 | 50 | 33.33 | 16.67 | 0 |

|  |  |
| --- | --- |
| Scale score: average of item scores | Action |
| 70-100 | Appreciation |
| 30-70 | Some concern for promotion |
| 0-30 | Great concern for promotion |