(169) Rosenberg Self-Esteem Scale

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|  | For each statement below, please indicate your agreement or disagreement. Do so by selecting the appropriate number from the following rating scale: | Strongly agree | Agree | Disagree | Strongly disagree |
| 1. | On the whole, I am satisfied with myself. | 1 | 2 | 3 | 4 |
| 2. | At times I think I am no good at all. | 1 | 2 | 3 | 4 |
| 3. | I feel that I have a number of good qualities. | 1 | 2 | 3 | 4 |
| 4. | I am able to do things as well as most other people. | 1 | 2 | 3 | 4 |
| 5. | I feel 1do not have much to be proud of. | 1 | 2 | 3 | 4 |
| 6. | I certainly feel useless at times. | 1 | 2 | 3 | 4 |
| 7. | I feel that I'm a person of worth. | 1 | 2 | 3 | 4 |
| 8 | I wish I could have more respect for myself. | 1 | 2 | 3 | 4 |
| 9. | All in all, I am inclined to think that I am a failure. | 1 | 2 | 3 | 4 |
| 10. | I take a positive attitude toward myself. | 1 | 2 | 3 | 4 |