Description of Rosenberg Self-Esteem Scale

|  |  |
| --- | --- |
| Function | Self-confidence, resilience, self-efficacy |
| Relevance | Well-being, performance, life satisfaction |
| Target | General |
| Respondent | Adults |
| Feature | 10 items in 4-point rating scale |
| Reliability | .76 |
| References | Rosenberg, M. (1965). Rosenberg Self-Esteem Scale (RSES) [Database record]. *APA PsycTests.* <https://doi.org/10.1037/t01038-000>  Yeung, K.C. (1998) The dynamics of interparental conflict and adolescent’s behavior problems. *Ph.D. Thesis, University of Hong Kong, Hong Kong. (Unpublished Ph.D. Thesis).* <https://doi.org/10.5353/th_b2980738> |

Scoring of Rosenberg Self-Esteem Scale

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Response | Strongly agree | Agree | Disagree | Strongly disagree |
| Score for Items 2, 5, 6, 8, 9 | 0 | 33.33 | 66.67 | 100 |
| Score for Items 1, 3, 4, 7, 10 (Reverse-coded) | 100 | 66.67 | 33.33 | 0 |

|  |  |
| --- | --- |
| Scale score: average of item scores | Action |
| 70-100 | Appreciation |
| 30-70 | Some concern for promotion |
| 0-30 | Great concern for promotion |