(16) De Jong Gierveld Loneliness Scale

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | please see if these statements are describing your situations or feelings now. If you think that they are describing you, answer ‘yes’; if you do not totally agree with the statements, answer ‘more or less’; if you don’t think that they are describing you, answer ‘no’. | Yes  | More or less | No |
| 1. | I experience a general sense of emptiness. | 1 | 2 | 3 |
| 2. | I miss having people around. | 1 | 2 | 3 |
| 3. | I often feel rejected. | 1 | 2 | 3 |
| 4. | There are plenty of people I can rely on when I have problems. | 1 | 2 | 3 |
| 5. | There are many people I can trust completely. | 1 | 2 | 3 |
| 6. | There are enough people I feel close to. | 1 | 2 | 3 |