(174) Autism Parenting Stress Index

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|  | Please judge whether the following descriptions are consistent with your actual situation, and check the most appropriate number following each description | Not stressful | Sometimes creates stress | Often creates stress | Very stressful on a daily basis | Stressful that sometimes we feel we cannot cope |
| 1. | Your child’s social development | 0 | 1 | 2 | 3 | 4 |
| 2. | Your child’s ability to communicate | 0 | 1 | 2 | 3 | 4 |
| 3. | Tantrums/meltdowns | 0 | 1 | 2 | 3 | 4 |
| 4. | Aggressive behavior | 0 | 1 | 2 | 3 | 4 |
| 5. | Self-injurious behavior | 0 | 1 | 2 | 3 | 4 |
| 6. | Difficulty making transitions | 0 | 1 | 2 | 3 | 4 |
| 7. | Sleep problems | 0 | 1 | 2 | 3 | 4 |
| 8. | Your child’s diet | 0 | 1 | 2 | 3 | 4 |
| 9. | Bowel problems (diarrhea, etc.) | 0 | 1 | 2 | 3 | 4 |
| 10. | Potty training | 0 | 1 | 2 | 3 | 4 |
| 11. | Not feeling close to your child | 0 | 1 | 2 | 3 | 4 |
| 12. | Concern for the future of your child being accepted by others | 0 | 1 | 2 | 3 | 4 |
| 13. | Concern for the future of your child living independently | 0 | 1 | 2 | 3 | 4 |