Description of Autism Parenting Stress Index

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| --- | --- |
| Function | Autism parenting stress, communication, closeness to child |
| Relevance | Autism spectrum disorders, development, social deficits |
| Target | Family and Child Welfare Service |
| Respondent | Adults |
| Feature | 13 items in 5-point rating scale |
| Reliability | .86 |
| References | Cheung, T. C. K., & Yeung, C. K. (2021). A validation study of the Chinese version of the Autism Parenting Stress Index (C-APSI) in Hong Kong. *Research in Autism Spectrum Disorders*, *83*, 101762. <https://doi.org/10.1016/j.rasd.2021.101762>Silva, L. M., & Schalock, M. (2012). Autism parenting stress index: Initial psychometric evidence. *Journal of Autism and Developmental Disorders, 42*, 566-574. <https://doi.org/10.1007/s10803-011-1274-1> |

Scoring of Autism Parenting Stress Index

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Response | Not stressful’ | Sometimes creates stress | Often creates stress | Very stressful on a daily basis | Stressful that sometimes we feel we cannot cope |
| Score for Items 1-13 | 0 | 25 | 50 | 75 | 100 |

|  |  |
| --- | --- |
| Scale score: average of item scores | Action |
| 70-100 | Great concern for prevention |
| 30-70 | Some concern for prevention |
| 0-30 | Appreciation |