违法者的压力(Offenders’ stress)的描述

|  |  |
| --- | --- |
| 功能 | 罪犯治疗、比较犯罪学、积极心理学 |
| 关联 | 心理健身房(Psychological gymnasium, PSY GYM)，负面情绪，希望感 |
| 对象 | 违法者 |
| 回应者 | 违法者 |
| 特色 | 7项4分评分项目 |
| 信度 | .91 |
| 参考 | Miriam Taouk Moussa, Peter F. Lovibond, & Roy Laube. (2001). Psychometric properties of a Chinese version of the 21-item depression anxiety stress scales (DASS21). *Sydney, NSW: Transcultural Mental Health Centre. Cumberland Hospital*.Vivian Wai Man Mak, Samuel Mun Yin. Ho, Regina Wing Yin Kwong, & Wing Ling Li. (2018). A gender-responsive treatment facility in correctional services: The development of psychological gymnasium for women offenders. *International journal of offender therapy and comparative criminolog*y, 62(4), 1062-1079. |

违法者的压力计分

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 回应 | 没有 | 一般 | 颇多 | 很多 |
| 项目1-7的分数 | 0 | 1 | 2 | 3 |

|  |  |
| --- | --- |
| 量表得分 | 行动 |
| 17-21 | 极其严重 |
| 13-16 | 严重 |
| 10-12 | 中度 |
| 8-9 | 轻微 |
| 0-7 | 正常 |