違法者的壓力(Offenders’ stress)的描述

|  |  |
| --- | --- |
| 功能 | 罪犯治療、比較犯罪學、積極心理學 |
| 關聯 | 心理健身房(Psychological gymnasium, PSY GYM)，負面情緒，希望感 |
| 對象 | 違法者 |
| 回應者 | 違法者 |
| 特色 | 7項4分評分項目 |
| 信度 | .91 |
| 參考 | Miriam Taouk Moussa, Peter F. Lovibond, & Roy Laube. (2001). Psychometric properties of a Chinese version of the 21-item depression anxiety stress scales (DASS21). *Sydney, NSW: Transcultural Mental Health Centre. Cumberland Hospital*.Vivian Wai Man Mak, Samuel Mun Yin. Ho, Regina Wing Yin Kwong, & Wing Ling Li. (2018). A gender-responsive treatment facility in correctional services: The development of psychological gymnasium for women offenders. *International journal of offender therapy and comparative criminolog*y, 62(4), 1062-1079. |

違法者的壓力計分

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 回應 | 沒有 | 一般 | 頗多 | 很多 |
| 項目1-7的分數 | 0 | 1 | 2 | 3 |

|  |  |
| --- | --- |
| 量表得分 | 行動 |
| 17-21 | 極其嚴重 |
| 13-16 | 嚴重 |
| 10-12 | 中度 |
| 8-9 | 輕微 |
| 0-7 | 正常 |