Description of Offenders’ stress

|  |  |
| --- | --- |
| Function | Offender therapy, comparative criminology, positive psychology |
| Relevance | Psychological gymnasium, negative emotion, sense of hope |
| Target | Offenders |
| Respondent | Offenders |
| Feature | 7 items in 4-point rating scale |
| Reliability | .91 |
| References | Miriam Taouk Moussa, Peter F. Lovibond, & Roy Laube. (2001). Psychometric properties of a Chinese version of the 21-item depression anxiety stress scales (DASS21). *Sydney, NSW: Transcultural Mental Health Centre. Cumberland Hospital*.Vivian Wai Man Mak, Samuel Mun Yin. Ho, Regina Wing Yin Kwong, & Wing Ling Li. (2018). A gender-responsive treatment facility in correctional services: The development of psychological gymnasium for women offenders. *International journal of offender therapy and comparative criminolog*y, 62(4), 1062-1079. |

Scoring of Offenders’ stress

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Response | Never | Sometimes | Often | Almost always |
| Score for Items 1-7 | 0 | 1 | 2 | 3 |

|  |  |
| --- | --- |
| Scale score | Action |
| 17-21 | Extremely Severe |
| 13-16 | Severe |
| 10-12 | Moderate |
| 8-9 | Mild |
| 0-7 | Normal |