感恩(Sense of gratitude)的描述

|  |  |
| --- | --- |
| 功能 | 罪犯治療、比較犯罪學、積極心理學 |
| 關聯 | 情感特質、靈性、宗教信仰、非物質主義態度 |
| 對象 | 個人 |
| 回應者 | 違法者 |
| 特色 | 6項7分評分項目 |
| 信度 | .75 |
| 參考 | Michael McCullough, Emmons, Robert Emmons, & Tsang, Jo-Ann. (2002). The grateful disposition: a conceptual and empirical topography. *Journal of personality and social psychology*, *82*(1), 112.Vivian Wai Man Mak, Samuel Mun Yin. Ho, Regina Wing Yin Kwong, & Wing Ling Li. (2018). A gender-responsive treatment facility in correctional services: The development of psychological gymnasium for women offenders. *International journal of offender therapy and comparative criminolog*y, 62(4), 1062-1079. |

感恩計分

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| 回應 | 非常不同意 | 不同意 | 有點不同意 | 不贊成不反對 | 有點同意 | 同意 | 非常同意 |
| 項目1, 2, 4, 5的分數 | 0 | 16.7 | 33.3 | 50 | 66.7 | 83.3 | 100 |
| 項目3和6的分數 (反向題) | 100 | 83.3 | 66.7 | 50 | 33.3 | 16.7 | 0 |

|  |  |
| --- | --- |
| 量表得分：項目分數的平均 | 行動 |
| 70-100 | 讚賞 |
| 30-70 | 需要稍作推動 |
| 0-30 | 需要積極推動 |