(193) 希望量表：動力思考(Hope scale: agency)

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|  |  | 絕對錯誤 | 大部分錯誤 | 有點錯誤 | 稍微錯誤 | 稍微正確 | 有點正確 | 大部分正確 | 絕對正確 |
| 1 | 我熱切追求我的目標 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 2 | 我過去的經歷有助我面對將來 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 3 | 我的人生頗成功 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 4 | 我能達到自己定下的目標 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |