(193) Hope scale: agency

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  | Definitely False | Mostly False | Somewhat False | Slightly False | Slightly True | Somewhat True | Mostly True | Definitely True |
| 1 | I energetically pursue my goals. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 2 | My past experiences have prepared me well for my future. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 3 | I’ve been pretty successful in life. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 4 | I meet the goals that I set for myself. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |