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| (197) | Youth Career Development Competency: self-understanding |

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|  | Please select your situation in the recent month. | | | | | |
|  | In the recent month, I was able to… | Not confident at all | Not confident | Neutral | Confident | Highly confident |
| 1. | Consider different career and life development pathway choices based on my attributes (e.g., interests). | 1 | 2 | 3 | 4 | 5 |
| 2. | Maintain a sense of hope in achieving career and life development aspirations and goals. | 1 | 2 | 3 | 4 | 5 |
| 3. | Verify my interests, competences, and values through daily life self-observations. | 1 | 2 | 3 | 4 | 5 |
| 4. | Choose career and life development pathway and direction according to self-attributes (e.g., interests, competences). | 1 | 2 | 3 | 4 | 5 |