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| (199) | Youth Career Development Competency: career and pathway exploration |

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|  | Please select your situation in the recent month. | | | | | |
|  | In the recent month, I was able to… | Not confident at all | Not confident | Neutral | Confident | Highly confident |
| 1. | State learning and training approaches that equip me to achieve career and life development | 1 | 2 | 3 | 4 | 5 |
| 2. | Compare different career and life development pathways according to personal and environmental factors | 1 | 2 | 3 | 4 | 5 |
| 3. | Choose the most suitable career and life development pathway according to personal and  environmental factors | 1 | 2 | 3 | 4 | 5 |
| 4. | Identify personal limitations and social barriers encountered when pursuing career and life development goals. | 1 | 2 | 3 | 4 | 5 |
| 5. | Know the necessary steps in making good career and life development decisions and understand the strengths and limitations of my decision-making methods | 1 | 2 | 3 | 4 | 5 |