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| (236) | Divorce Adjustment Scale: ex-spouse’s grief |

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|  | Divorce Adjustment Scale: ex-spouse’s grief | | | | | |
|  | Please read each statement and decide how frequently it applies to your ex-spouse’s present feelings and attitudes. | Almost always | Usually | Sometimes | Seldom | Almost never |
| 1. | He/she is physically and emotionally exhausted from morning until night. | 1 | 2 | 3 | 4 | 5 |
| 2. | He/she feels like crying because he/she feels so sad. | 1 | 2 | 3 | 4 | 5 |
| 3. | He/she feels lonely. | 1 | 2 | 3 | 4 | 5 |
| 4. | He/she has trouble concentrating. | 1 | 2 | 3 | 4 | 5 |
| 5. | He/she has trouble sleeping. | 1 | 2 | 3 | 4 | 5 |
| 6. | He/she either has no appetite or eats continuously, which is unusual for him/her. | 1 | 2 | 3 | 4 | 5 |
| 7. | He/she feels emotionally weak and helpless. | 1 | 2 | 3 | 4 | 5 |
| 8. | He/she thinks about ending his/her life with suicide. | 1 | 2 | 3 | 4 | 5 |