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| (237) | Divorce Adjustment Scale: ex-spouse’s self-worth |

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|  | Divorce Adjustment Scale: ex-spouse’s self-worth | | | | | |
|  | Please read each statement and decide how frequently it applies to your ex-spouse’s present feelings and attitudes. | Almost always | Usually | Sometimes | Seldom | Almost never |
| 1. | Because our relationship failed, he/she feels being a failure. | 1 | 2 | 3 | 4 | 5 |
| 2. | He/she feels capable of living the kind of life he/she would like to live. | 1 | 2 | 3 | 4 | 5 |
| 3. | He/she feels capable of facing and dealing with his/her problems. | 1 | 2 | 3 | 4 | 5 |
| 4. | He/she has a normal amount of self-confidence. | 1 | 2 | 3 | 4 | 5 |