离婚适应量表：离异伴侣的自我价值(Divorce adjustment scale: ex-spouse’s self-worth)的描述

|  |  |
| --- | --- |
| 功能 | 离异家庭支持服务，共同育儿教育，育儿协调 |
| 关联 | 父母冲突，心理困扰，疗愈 |
| 对象 | 离异家庭 |
| 回应者 | 分居或离婚家庭中的伴侣 |
| 特色 | 4项5分评分项目 |
| 信度 | .82 |
| 参考 | Fisher, Bruce, & Alberti, Robert. (1978). Rebuilding: When your relationship ends. *Boulder, CO: Family Relations.*  Lau, Yuk King, and Glenn Stone. (2018). *“Difficult But Possible”: Evaluation study on the effectiveness of the co-parenting supportive service for divorced families in Hong Kong*. Hong Kong: The Hong Kong Catholic Marriage Advisory Council. |

离婚适应量表：离异伴侣的自我价值的计分

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 回应 | 几乎总是 | 通常 | 有时 | 很少 | 几乎从不 |
| 项目2 – 4的分数 | 0 | 25 | 50 | 75 | 100 |
| 项目1的分数(反向题) | 100 | 75 | 50 | 25 | 0 |

|  |  |
| --- | --- |
| 量表得分：项目分数的平均 | 行动 |
| 70-100 | 需要积极预防 |
| 30-70 | 需要稍作预防 |
| 0-30 | 赞赏 |