離婚適應量表：離異伴侶的自我價值(Divorce adjustment scale: ex-spouse’s self-worth)的描述

|  |  |
| --- | --- |
| 功能 | 離異家庭支援服務，共同育兒教育，育兒協調 |
| 關聯 | 父母衝突，心理困擾，療愈 |
| 對象 | 離異家庭 |
| 回應者 | 分居或離婚家庭中的伴侶 |
| 特色 | 4項5分評分項目 |
| 信度 | .82 |
| 參考 | Fisher, Bruce, & Alberti, Robert. (1978). Rebuilding: When your relationship ends. *Boulder, CO: Family Relations.*  Lau, Yuk King, and Glenn Stone. (2018). *“Difficult But Possible”: Evaluation study on the effectiveness of the co-parenting supportive service for divorced families in Hong Kong*. Hong Kong: The Hong Kong Catholic Marriage Advisory Council. |

離婚適應量表：離異伴侶的自我價值的計分

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 回應 | 幾乎總是 | 通常 | 有時 | 很少 | 幾乎從不 |
| 項目2 – 4的分數 | 0 | 25 | 50 | 75 | 100 |
| 項目1的分數(反向題) | 100 | 75 | 50 | 25 | 0 |

|  |  |
| --- | --- |
| 量表得分：項目分數的平均 | 行動 |
| 70-100 | 需要積極預防 |
| 30-70 | 需要稍作預防 |
| 0-30 | 讚賞 |