Description of Divorce adjustment scale: ex-spouse’s self-worth

|  |  |
| --- | --- |
| Function | Supportive services for divorced families, co-parenting education, parenting coordination |
| Relevance | Parental conflict, psychological distress, recovery |
| Target | Divorced families |
| Respondent | Individuals in post-separation or post-divorce families |
| Feature | 4 items in 5-point rating scale |
| Reliability | .82 |
| References | Fisher, Bruce, & Alberti, Robert. (1978). Rebuilding: When your relationship ends. *Boulder, CO: Family Relations.*  Lau, Yuk King, and Glenn Stone. (2018). *“Difficult But Possible”: Evaluation study on the effectiveness of the co-parenting supportive service for divorced families in Hong Kong*. Hong Kong: The Hong Kong Catholic Marriage Advisory Council. |

Scoring of Divorce adjustment scale: ex-spouse’s self-worth

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| --- | --- | --- | --- | --- | --- |
| Response | Almost always | Usually | Sometimes | Seldom | Almost never |
| Score for Items 2-4 | 0 | 25 | 50 | 75 | 100 |
| Score for Item 1 (Reverse-coded) | 100 | 75 | 50 | 25 | 0 |

|  |  |
| --- | --- |
| Scale score: average of item scores | Action |
| 70-100 | Great concern for prevention |
| 30-70 | Some concern for prevention |
| 0-30 | Appreciation |