(23) Perceived Self-Transformation Scale: Openness to Share Scale

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| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Please circle the answer that could best describe your situation for each of the following sentence | Strongly Disagree | Disagree | Slightly Disagree | Slightly Agree | Agree | Strongly Agree |
| 1. | I tell others my worries and puzzle. | 1 | 2 | 3 | 4 | 5 | 6 |
| 2. | I express my own needs. | 1 | 2 | 3 | 4 | 5 | 6 |
| 3. | I share my feelings with others. | 1 | 2 | 3 | 4 | 5 | 6 |