(26) Parental Feeding Style Questionnaire: Prompting and Encouragement to Eat Scale

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|  | Please read the following statements and tick the appropriate boxes to show how you deal with feeding your child. It is important to remember that there are no right or wrong answers to these questions, we are interested in what parents really feel and do. | Never | Rarely | Sometimes | Often | Always |
| 1. | I encourage my child to look forward to the meal. | 1 | 2 | 3 | 4 | 5 |
| 2. | I praise my child if s/he eats what I give him/her. | 1 | 2 | 3 | 4 | 5 |
| 3. | I encourage my child to eat a wide variety of foods. | 1 | 2 | 3 | 4 | 5 |
| 4. | I present food in an attractive way to my child. | 1 | 2 | 3 | 4 | 5 |
| 5. | I encourage my child to taste each of the foods I serve at mealtimes. | 1 | 2 | 3 | 4 | 5 |
| 6. | I encourage my child to try foods that s/he hasn’t tasted before. | 1 | 2 | 3 | 4 | 5 |
| 7. | I encourage my child to enjoy his/her food. | 1 | 2 | 3 | 4 | 5 |
| 8. | I praise my child if s/he eats a new food. | 1 | 2 | 3 | 4 | 5 |