(316) Friends’ Adaptive/Maladaptive Perfectionism Scale: Compulsiveness Scale

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|  | Please read the following statements carefully and circle the number that best describes your friends. | Really  Unlike Them | Somewhat  Unlike Them | Somewhat  Like Them | Really  Like Them |
| 1. | They like things to always be in order. | 1 | 2 | 3 | 4 |
| 2. | They take a long time to do something because they check it many times. | 1 | 2 | 3 | 4 |
| 3. | They always make a list of things and check them off after they do them. | 1 | 2 | 3 | 4 |
| 4. | They have certain places where they always put their things. | 1 | 2 | 3 | 4 |
| 5. | They cannot relax until they have done all their work. | 1 | 2 | 3 | 4 |
| 6. | They only like to do one task at a time. | 1 | 2 | 3 | 4 |