(319) 朋友们的抗逆力风格问卷：乐观的生活态度量表

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|  | 请在以下每句句子中选择最能描述您朋友们的情况的答案。 | 从不 | 很少 | 有时 | 经常 | 总是 |
| 1. | 釜底抽薪 | 1 | 2 | 3 | 4 | 5 |
| 2. | 死有轻于鸿毛,重于泰山 | 1 | 2 | 3 | 4 | 5 |
| 3. | 仁 | 1 | 2 | 3 | 4 | 5 |
| 4. | 乐天知命 | 1 | 2 | 3 | 4 | 5 |
| 5. | 皇天不负有心人 | 1 | 2 | 3 | 4 | 5 |
| 6. | 百折不回 | 1 | 2 | 3 | 4 | 5 |
| 7. | 廔败廔战 | 1 | 2 | 3 | 4 | 5 |