(322) Friends’ Differentiate of Self Inventory: “I” Position Scale

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | These are questions concerning your friends’ thoughts and feelings about themselves and relationships with others. Please read each statement carefully and decide how much the statement is generally true of your friends on a 1 (not at all) to 6 (very) scale. If you believe that an item does not pertain to your friends (e.g., they are not currently married or in a committed relationship, or one or both of their parents are deceased), please answer the item according to your best guess about what your friends’ thoughts and feelings would be in that situation. Be sure to answer every item and try to be as honest and accurate as possible in your responses. | Not at all true | Not true | Somewhat not true | Somewhat true | True | Very true |
| 1. | They tend to remain pretty calm even under stress. | 1 | 2 | 3 | 4 | 5 | 6 |
| 2. | No matter what happens in their life, they know that they will never lose their sense of who they are. | 1 | 2 | 3 | 4 | 5 | 6 |
| 3. | They usually do not change their behavior simply to please another person. | 1 | 2 | 3 | 4 | 5 | 6 |
| 4. | When they are having an argument with someone, they can separate their thoughts about the issue from their feelings about the person. | 1 | 2 | 3 | 4 | 5 | 6 |
| 5. | There’s no point in getting upset about things they cannot change. | 1 | 2 | 3 | 4 | 5 | 6 |
| 6. | They are fairly self-accepting. | 1 | 2 | 3 | 4 | 5 | 6 |
| 7. | They are able to say “no” to others even when they feel pressured by others. | 1 | 2 | 3 | 4 | 5 | 6 |
| 8. | They are less concerned that others approve of them than they are in doing what they think is right. | 1 | 2 | 3 | 4 | 5 | 6 |
| 9. | They usually do what they believe is right regardless of what others say. | 1 | 2 | 3 | 4 | 5 | 6 |
| 10. | They tend to feel pretty stable under stress. | 1 | 2 | 3 | 4 | 5 | 6 |