(345) Friends’ Chinese version of C-PIH HK: Coping Scale

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | Please circle the number that most closely fits your friends’ answer | Not very well | Poorly | Somewhat poorly | Slightly poorly | Average | Slightly well | Fairly well | Well | Very well |
| 1. | They manage the effect of their health condition(s) on their physical activity (i.e., walking, household tasks) | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 2. | They manage the effect of their health condition(s) on how they feel (i.e., their emotions and spiritual well-being) | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 3. | They manage the effect of their health condition(s) on their social life (i.e., how they mix with other people) | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 4. | Overall, they manage to live a healthy life (e.g., no smoking, moderate alcohol, healthy food, regular physical activity, manage stress) | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |