Description of Self-stigmatizing Thinking’s Automaticity Scale of recipients in the Community

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| --- | --- |
| Function | Automatic thoughts, Negative thoughts, Automatic processing |
| Relevance | Negative emotions, Pessimistic thoughts, Self-stigmatization |
| Target | Medical Social Services |
| Respondent | Patient |
| Feature | 8 items in 5-point rating scale |
| Reliability | .81 |
| References | Chan, K. S. K. (2013). *Self-stigmatizing Thinking as Mental Habit in People with Mental Illness* (Doctoral dissertation, The Chinese University of Hong Kong). |

Scoring of Self-stigmatizing Thinking’s Automaticity Scale of recipients in the Community

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Response | Strongly disagree | Disagree | Neither agree nor disagree | Agree | Strongly agree |
| Score for Items 1-8 | 0 | 25 | 50 | 75 | 100 |

|  |  |
| --- | --- |
| Scale score: average of item scores | Action |
| 70-100 | Great concern for intervention |
| 30-70 | Some concern for intervention |
| 0-30 | Appreciation |