(465) General Self-efficacy Scale: Personal Scale of recipients in the Community

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|  | Please circle the number that most closely fits answer of recipients in the community | Not at all true | Hardly true | Moderately true | Exactly true |
| 1. | They can always manage to solve difficult problems if they try hard enough. | 1 | 2 | 3 | 4 |
| 2. | It is easy for them to stick to their aims and accomplish their goals. | 1 | 2 | 3 | 4 |
| 3. | They are confident that they could deal efficiently with unexpected events. | 1 | 2 | 3 | 4 |
| 4. | Thanks to their resourcefulness, they know how to handle unforeseen situations. | 1 | 2 | 3 | 4 |
| 5. | They can solve most problems if they invest the necessary effort. | 1 | 2 | 3 | 4 |
| 6. | They can remain calm when facing difficulties because they can rely on their coping abilities. | 1 | 2 | 3 | 4 |
| 7. | When they are confronted with a problem, they can usually find several solutions. | 1 | 2 | 3 | 4 |
| 8. | If they are in trouble, they can usually think of a solution. | 1 | 2 | 3 | 4 |
| 9. | They can usually handle whatever comes their way. | 1 | 2 | 3 | 4 |