Description of Member recovery and mutual aid in the community

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| --- | --- |
| Function | Promoting cohesion, collaboration, resilience |
| Relevance | Mutualism, emotion regulation, stress |
| Target | SHO Community |
| Respondent | Members from SHOs |
| Feature | 4 items in 5-point rating scale |
| Reliability | .840 |
| References | Ngai, S. S. Y., Jiang, S., Cheung, C. K., Tang, H. Y., Ngai, H. L., & Ng, Y. H. (2021). Measuring Development of Self-Help Organizations for Patients with Chronic Health Conditions in Hong Kong: Development and Validation of the Self-Help Organization Development Scale (SHODS). International Journal of Environmental Research and Public Health, 18(3), 1351. |

Scoring of Member recovery and mutual aid in the community

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| --- | --- | --- | --- | --- | --- |
| Please select your self-help organization’s situation in the past six months | | | | | |
| Response | None | Relatively less | Moderate | Relatively more | A lot |
| Score for Items 1 – 4 | 0 | 25 | 50 | 75 | 100 |

|  |  |
| --- | --- |
| Scale score: average of item scores | Action |
| 70-100 | Appreciation |
| 30-70 | Some concern for promotion |
| 0-30 | Great concern for promotion |