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| (62) | Self-help organization development: Member recovery and mutual aid at the community level |

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|  | Member recovery and mutual aid at the community level |
|  | Please select your self-help organization’s situation in the past six months | None | Relatively less | Moderate | Relatively more | A lot |
| 1. | Good self-help and mutual support among members | 1 | 2 | 3 | 4 | 5 |
| 2. | Positive change in members’ sense of hope and resilience in the face of the chronic health condition | 1 | 2 | 3 | 4 | 5 |
| 3. | Members’ stress has been reduced | 1 | 2 | 3 | 4 | 5 |
| 4. | Members are appreciated by others | 1 | 2 | 3 | 4 | 5 |