(521) Perceived Self-Transformation Scale: Self-Connectedness Scale of recipients in the Community

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|  | Please circle the answer that could best describe situation of recipients in the community for each of the following sentence | Strongly Disagree | Disagree | Slightly Disagree | Slightly Agree | Agree | Strongly Agree |
| 1. | They appreciate they are willing to face difficulties. | 1 | 2 | 3 | 4 | 5 | 6 |
| 2. | They are aware of their emotional responses when facing stress. | 1 | 2 | 3 | 4 | 5 | 6 |
| 3. | They are willing to spend time to understand themselves. | 1 | 2 | 3 | 4 | 5 | 6 |
| 4. | They can feel their vitality. | 1 | 2 | 3 | 4 | 5 | 6 |
| 5. | When they feel upset or puzzled, they observe and understand themselves with their curiosity. | 1 | 2 | 3 | 4 | 5 | 6 |
| 6. | They are willing to make changes. | 1 | 2 | 3 | 4 | 5 | 6 |