(60) 抗逆力风格问卷：毅力量表

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|  | 请在以下每句句子中圈出最能描述您情况的答案。 | 从不 | 很少 | 有时 | 经常 | 总是 |
| 1. | 迎难而上 | 1 | 2 | 3 | 4 | 5 |
| 2. | 择善而固之 | 1 | 2 | 3 | 4 | 5 |
| 3. | 另辟蹊径 | 1 | 2 | 3 | 4 | 5 |
| 4. | 锲而不舍 | 1 | 2 | 3 | 4 | 5 |
| 5. | 卧薪尝胆 | 1 | 2 | 3 | 4 | 5 |
| 6. | 成事在人 | 1 | 2 | 3 | 4 | 5 |
| 7. | 愚公移山 | 1 | 2 | 3 | 4 | 5 |
| 8. | 孜孜不倦 | 1 | 2 | 3 | 4 | 5 |
| 9. | 精卫填海 | 1 | 2 | 3 | 4 | 5 |