(60) 抗逆力風格問卷：毅力量表

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|  | 請在以下每句句子中圈出最能描述您情況的答案。 | 從不 | 很少 | 有時 | 經常 | 總是 |
| 1. | 迎難而上 | 1 | 2 | 3 | 4 | 5 |
| 2. | 擇善而固之 | 1 | 2 | 3 | 4 | 5 |
| 3. | 另辟蹊徑 | 1 | 2 | 3 | 4 | 5 |
| 4. | 鍥而不捨 | 1 | 2 | 3 | 4 | 5 |
| 5. | 臥薪嘗膽 | 1 | 2 | 3 | 4 | 5 |
| 6. | 成事在人 | 1 | 2 | 3 | 4 | 5 |
| 7. | 愚公移山 | 1 | 2 | 3 | 4 | 5 |
| 8. | 孜孜不倦 | 1 | 2 | 3 | 4 | 5 |
| 9. | 精衛填海 | 1 | 2 | 3 | 4 | 5 |