(67) Commitment

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Please select your situation in the past month | No | Rather little | Average | Rather a lot | Very much |
|  | Do one thing for a long continuous time | 1 | 2 | 3 | 4 | 5 |
|  | Actively work to achieve results | 1 | 2 | 3 | 4 | 5 |
|  | Hope to do a good job | 1 | 2 | 3 | 4 | 5 |
|  | Active in doing one thing | 1 | 2 | 3 | 4 | 5 |
|  | Indulged in fantasy | 1 | 2 | 3 | 4 | 5 |
|  | Feel worthless | 1 | 2 | 3 | 4 | 5 |