(704) Perceived Physical Literacy Instrument: Self-Expression and Communication

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| --- | --- | --- | --- | --- | --- | --- |
|  | Please select the number that best represents how you feel regarding the description. | Strongly Disagree | Disagree | No Comment / Neutral | Agree | Strongly Agree |
| 1. | I have strong social skills. | 1 | 2 | 3 | 4 | 5 |
| 2. | I am confident in wild/natural survival. | 1 | 2 | 3 | 4 | 5 |
| 3. | I am capable in handling problems and difficulties. | 1 | 2 | 3 | 4 | 5 |