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| (62) | Chronic illness self-management: Treatment adherence |

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|  | Treatment adherence |
|  | Please select your situation in the past month | Never or rarely | Seldom | Average | Quite often | Very often |
| 1. | Stopping the drug/treatment on your own without consulting a doctor | 1 | 2 | 3 | 4 | 5 |
| 2. | Forgetting or skipping your medications/treatment | 1 | 2 | 3 | 4 | 5 |
| 3. | Having difficulties remembering to take medication or do treatment when you are busy | 1 | 2 | 3 | 4 | 5 |
| 4. | Forgetting or ignoring your doctor’s recommended time for follow-up consultation | 1 | 2 | 3 | 4 | 5 |
| 5 | Skipping your medication when you are at school, at work, or outside | 1 | 2 | 3 | 4 | 5 |
| 6 | Needing someone else’s reminder to take medicine/do treatment on time | 1 | 2 | 3 | 4 | 5 |