(8) 香港中文版的患者自评前臂评估问卷：功能量表

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|  | 以0-10分为准则，请圈出你上星期以患肢做以下动作时的平均困难程度。“0”分指你没有任何困难。“10”分指你不能用患肢做到指定的动作。请圈出你上周在下列情况时困难程度 (在使用患肢时): | 无困难 |  |  |  |  |  |  |  |  |  | 不能做到 |
| 1. | 扭开门锁 | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 2. | 提着一袋超级市场的杂物回家 | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 3. | 提起一杯水来饮 | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 4. | 扭开一个樽盖  | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 5. | 着裤  | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 6. | 扭干洗面巾 | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 7. | 自我护理(如沐浴更衣) | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 8. | 日常家务(如打扫) | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 9. | 日常工作(如你在职的话)或平日生活(如你没有上班的话) | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 10. | 消闲或运动时 | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |