Description of Differentiate of Self Inventory: Emotion Cutoff Scale

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| --- | --- |
| Function | Social avoidance, emotional contact with others, physical distance |
| Relevance | Attachment, guilty, depression |
| Target | Medical Social Service |
| Respondent | Adults |
| Feature | 8 items in 6-point rating scale |
| Reliability | .721 |
| References | Lam, C. M., & Chan‐So, P. C. (2015). Validation of the Chinese version of Differentiation of Self Inventory (C‐DSI). *Journal of marital and family therapy, 41*(1), 86-101.  Skowron, E. A., & Schmitt, T. A. (2003). Assessing interpersonal fusion: Reliability and validity of a new DSI fusion with others subscale. *Journal of marital and family therapy, 29*(2), 209-222. |

Scoring of Differentiate of Self Inventory: Emotion Cutoff Scale

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| --- | --- | --- | --- | --- | --- | --- |
| Response | Not at all true | Not true | Somewhat not true | Somewhat true | True | Very true |
| Score for Items 1-8 | 0 | 20 | 40 | 60 | 80 | 100 |

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| --- | --- |
| Scale score: average of item scores | Action |
| 70-100 | Great concern for intervention |
| 30-70 | Some concern for intervention |
| 0-30 | Appreciation |