Description of Grief: Personal Sacrifice Burden

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| --- | --- |
| Function | Showing the need for support, mental and physical health problems |
| Relevance | Respite care, emotion regulation |
| Target | Family |
| Respondent | Caregiver  |
| Feature | 6 items in 5-point rating scale |
| Reliability | 0.91 |
| References | Chan, Wallace Chi-ho, Bel Wong, Timothy Kwok, and Florence Ho. 2017. “Assessing Grief of Family Caregivers of People with Dementia: Validation of the Chinese Version of the Marwit–Meuser Caregiver Grief Inventory.” *Health & Social Work* 42(3): 151-158.  |

Scoring of Grief: Personal Sacrifice Burden

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| --- | --- | --- | --- | --- | --- |
| Response | No | Rather little | Average | Rather a lot | Very much |
| Score for Items 1 – 6 | 0 | 25 | 50 | 75 | 100 |

|  |  |
| --- | --- |
| Scale score: average of item scores | Action |
| 70-100 | Appreciation |
| 30-70 | Some concern for promotion |
| 0-30 | Great concern for promotion |